

# THE MYSTICIAN

ISSUE 1 | VOL. 80 | BISMARCK STATE COLLEGE | BISMARCK, N.D. | AUGUST 23, 2018



## EXPLORE MYSTIC MYSTERIES: BSC'S COCA-COLA ROOM

BY DYLAN KAHL  
EDITOR-IN-CHIEF

The average students' time here at Bismarck State College is very short lived. Generally, everyone receives a two-year degree and either transfers to another school or heads into the workforce. With all the time spent juggling school work and personal lives, it can be hard to stop and appreciate the little hidden gems that BSC has to offer.

This may not be a hidden gem to those that are often in the Armory, but to the students who haven't been in, there's something worth checking out. After navigating through a few short turns and some hall-

ways, there is LaMont's Pit Stop, also known as the Coca-Cola room.

First stepping into the room transcribes the feeling of a 1950s café. There is a black and white checkerboard floor, with round tables and booths carefully placed to showcase it, as if it were an actual restaurant. It almost seems as though a waiter or waitress should be coming by to take orders on roller skates.

After making it a concessions area, Coca-Cola asked to have an exclusive contract with LaMont's Pit Stop. After a year and a half of collecting items and

getting everything set up, Athletics Director Buster Gillis, was able to make it into what it is today.

Gillis has since slowed down on collecting items for the Pit Stop, but after seeing the room full of Coca-Cola products, his collection looks complete.

Every inch of the room is covered in Coca-Cola memorabilia. There is everything from Coke signs and vintage unopened bottles, to Coke machines, and even a Coca-Cola jukebox.

There are many people who know about this room, because it's used as a concession area for the athletic events in the

Armory. LaMont's Pit Stop is dedicated to Ken LaMont, who was the Associate Professor of Hospitality Restaurant Management here at BSC. LaMont died on Jan. 7, 2010, because of cancer. LaMont's Pit Stop was later dedicated to him in his honor.

For those who haven't experienced this room should be sure to check it out, whether it's open or closed, LaMont's Pit Stop is truly a hidden gem.

It will be open on August 24th and 25th during the volleyball games.

1

**BSC ALUMNI  
WALKS 500  
MILE JOURNEY  
IN SPAIN**

2

**MYSTIC MEDIA  
STARTS  
A SPORT  
ORIENTATED  
PODCAST**

3

**SIX BACK  
TO SCHOOL  
TIPS TO GET  
STUDENTS  
AHEAD**

4

**READ COMICS AND  
BE THE NEXT  
PERSON ON THE  
PAVEMENT**

# INFORMATION

news  
sports  
opinion  
arts

## EVENT CALENDAR

### **AUGUST 23 – Make your very own stuffed animal!**

#### **Create a Critter**

Student Union

Free Sponsored by the Student and Residence Life

### **AUGUST 23 – THE MYSTICIAN**

The Mystician's first issue is released for students and faculty.

### **AUGUST 24 & 25 – MYSTIC VOLLEYBALL INVITE**

**BSC MYSTICS VS. DAKOTA COLLEGE AT BOTTINEAU**

BSC Armory August 24 at 4 p.m.

**BSC MYSTICS VS. MILES COMMUNITY COLLEGE**

BSC Armory August 25 at 10:30 a.m.

**BSC MYSTICS VS. Lake Region State College**

BSC Armory August 25 at 3 p.m.

### **AUGUST 24 – FREE BROWNIES**

**Brownie Bar**

Student Union

Free

### **AUGUST 25 – PEACE TO THE PETS**

**2018 WoofStock**

Live Music, silent Auction, food Vendors, family fun, and more!

Admission: Free Will Donation

Saturday August 25 5-11 p.m.

Buckstop Junction – 3805 E Bismarck Expressway Bismarck, ND

### **AUGUST 27 – AUDITIONS**

**Fall 2018 Theatre Auditions**

Auditions for BSC Fall Theatre play "Dracula" by Steven Dietz,

Directed by Danny Devlin. August 27 and 28 at the Sidney J. Lee Auditorium

from 6-10 p.m.



## The Mystician



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### The Mystician Mission Statement and Disclaimer

The purpose of college media is to serve and give voice to the students. We, as the student-based forum of journalism on the Bismarck State College campus, provide content that is informative, fair, concise and of importance to BSC. With this goal in mind, The Mystician staff is dedicated to accuracy and maintaining ethical journalistic practices. We strive to give a voice to student issues and policies within the local community. Our goal is to incorporate as many students as possible and be an outlet for student expression.

The BSC Mystician strives to be objective and is not affiliated with any outside organization. The Mystician upholds the principles guaranteed by the First Amendment and utilizes these rights to bring diverse, entertaining and thought-provoking material to the college community.

**HAVE AN OPINION OR A  
STORY IDEA?  
WE'D LOVE TO PRINT IT.**

**contact: 701-224-5467**

**bscmystician@bismarckstate.edu**

**or stop by room 125 in the armory**

**Contact Dylan Kahl, EIC with letters to  
the editor or any concerns or comments  
regarding this publication. Call t or  
e-mail bscmystician@bismarckstate.edu**

**The next Issue of The Mystician will be  
published Thursday Sept. 13. Deadline  
for any copy to be submitted is Sept.  
3. Stop by Room 125 in The Armory for  
more information**



# NEWS

## WALK HARD: THE 500 MILE JOURNEY OF BSC ALUMNI TYLER RIETZ

*More on page 3*

*Photo by Dylan Kahl*





Photo by Dylan Kahl

# BSC ALUMNI WALKS FAMOUS 500 MILE PILGRIMAGE IN SPAIN

BY DYLAN KAHL

*Tyler Rietz is a BSC Alumni, YouTuber, and Artist who has traveled to many different countries including, Mexico, Britain, and Spain where he participated in the Camino De Santiago. – 500 mile walk that people from many walks of life go on to become more in tune with themselves. I sat down and talked to Tyler to get his perspective on this experience.*

**DK- What is the Camino De Santiago?**

TR- The Camino was originally a spiritual religious pilgrimage that ended in Santiago de Compostela where King James remains were finally buried. The people who were religious would walk this path just to see this giant church and look at his remains to see this person who influenced Christianity so heavily.

**DK- So it was a 500 hundred mile walk to go see where his body was buried?**

TR- Exactly. The Northern path (the one I went on) was very coastal one which had mountains and was more difficult, and then there was the French route. It begins more in France and goes into the middle of Spain and is supposed to be the easier one, but it has tons of people. I think there's maybe 300,000 people a summer?

**DK- So there's two different routes?**

TR- Actually there's the north one, the France one, and the Portuguese one.

**DK-So you said the one you walked on had more mountains and hills to walk over?**

TR- Yeah. I didn't know it getting into it, but that's a whole different story.

**DK-How did you discover the Camino De Santiago?**

TR- So, I had some wanderlust and was sitting at my house in the dead of the winter and needed to escape in some sort of way. So I watched this movie call The Way which has Martin Sheen, Charlie Sheen's dad as the lead actor. The whole concept behind that is that the main character's son is going to do the Camino and the dad takes him to the airport begrudgingly. The son dies during the walk by being struck by lightning and



Pictures courtesy of Tyler Rietz

the dad decides to do it in honor of his son and realizes there's more to life than business and money, and it really inspired me to do it. I booked a ticket and took a small euro-trip for about a month. I started the journey in London and traveled to France and then from France to Spain and that's when I began it. Thinking I was on the French route like the one that was taken on the movie, but actually was on the Northern one finding out about it a day after starting it.

**DK- What did you do in Europe the month leading up to the Santiago?**

TR- I flew to London. I stayed at a buddy's place there for two weeks, and from there I went to Amsterdam for a few days and then to Germany to France and finally to Spain. The trips I took before Spain where really quick ones because I was running out of money fast.

**DK- So you decided to go on this**



**walk sooner before you went broke?**

TR- Yeah. I booked a bus immediately after figuring that out.

**DK-How long did it take you to complete the Camino De Santiago?**

TR- All-in-all the walk took me 35 days to complete. Walking 10-15 miles a day. Sometimes 20, but those were really exhausting.

**DK-Where did you stay while walking this path?**

TR-I would stay in El burges and also when I couldn't afford one I would sleep outside under patios or roofs of churches.

**DK- So you would sleep outside to conserve money?**

TR- well I had 200 bucks left. But the thing was I could make 100 bucks disappear in two and a half days. So, I would have to conserve my food and

where I would sleep.

**DK-What other struggles did you have?**

TR- I had no boots, strictly running shoes. They got ripped up by the rough terrain. Also, My pack was 25 pounds right away, so I split that down in half by sending half of my stuff from there postal office to the end destination on the Camino. I cut it 13 pounds which was still heavy. It was very minimal. Three shorts, three socks, 1 pair of shoes, 1 mat to sleep on and the essentials. I would wash my clothes every night with a bar of soap. I also had a walking stick which got stolen during the walk, so I had two twigs to walk with to help take the pressure of my knees and calves.

**DK-What did you learn about yourself during this trip?**

TR- I took this trip for spiritual reasons. To grow my mental state. I'm not religious and I didn't do this for Christianity. I did this for self-growth. I learned a lot about myself and found out that I should be more confident in my answers and to not look to anyone for them. At the end of the day I make my own answers, I'm my own boss. I struggled to look for answers and acceptance from others which I discovered I don't. Solo traveling has given me my voice and the meeting people and their experiences helps me realize the way I think isn't crazy it's just different from what we are taught.



Pictures courtesy of Tyler Rietz



# SPORTS

**MYSTIC MEDIA  
PODCAST:  
SPORTS FYX**

*More on page 5*

*Photo by Dylan Kahl*



## SPORTS TAKING A FYX AT BSC

BY LEVI HOLZER

Mystic Media has a new exciting edition coming to the sports world of Bismarck State College: The Sports FYX. Sports FYX will be a podcast featuring BSC coaches and student athletes during different sporting seasons. The podcast will be released every three weeks and can be accessed on the Mystic Media Youtube channel, Facebook page and viewed on the televisions around campus. If there are any questions or concerns please email the Sports Editor/Director at [levi.g.holzer@bismarckstate.edu](mailto:levi.g.holzer@bismarckstate.edu).



## LETS GET REAL

### MY THREE F'S OF SPORTS

BY LEVI HOLZER

Playing sports, I only based it around a few things friends, football, basketball or track. I played for my brothers on my team and because I didn't want to do anything else during my highschool career. After awhile, I noticed there weren't any letters or offers from colleges to come play for them. I

knew my chances of playing at the next level were very slim and that I needed to figure something else out. My freshman year of college I went to a four year university, I thought I could walk on to the football field and they'd give me a spot on the team. Things didn't fall into place with that route, and I knew my chance of playing collegiately wasn't going to

happen. It was then that I decided to get into coaching and writing sport stories. Faith and Family came into place as the other two F's of sports, I was not playing at any level, but saw coaching for my future. Then I changed my first F to Foundation, at the time I was at a low moment in my life. I decided to put Foundation at the bottom

on the pyramid, without faith or family you cannot have a solid foundation. So let's get real, some of us may think that our dream of going to the NBA or NFL will come true, but in hindsight only a minority of those people will have their dreams come true. It's better to have a Plan B, just in case our main plan fails.



PHOTO BY HUNTER L. ANDES

### UPCOMING WOMEN'S VOLLEYBALL GAMES

**BSC MYSTICS VS. DAKOTA COLLEGE AT BOTTINEAU**  
BSC Armory Aug. 24  
at 4 p.m.

**BSC MYSTICS VS. MILES COMMUNITY COLLEGE**  
BSC Armory Aug. 25 at  
10:30 a.m.

**BSC MYSTICS VS. Lake Region State College**  
BSC Armory Aug. 25  
at 3 p.m.

Create your own,  
all-you-can-eat  
Asian stir-fry,  
cooked on our  
grill of epic  
proportions!

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# OPINION

**GET YOUR WHAT  
BACK TO CLASS?**

**BACK TO  
SCHOOL TIPS**

**PIZZA TIME:  
A REVIEW**





LETTER FROM THE EDITOR

New year, big changes! If you’re new this year, or a returning student, welcome. I’m the new Editor-in-Chief if you hadn’t noticed which article you are reading. This is my second year with the paper, coming on originally as a cartoonist and graphic designer last year. I decided I wanted to take the challenge of the big job!

For those familiar with the Mystician, you’ve probably noticed the change in formatting from last year. Not only is it a bigger size, but the format is brand new.

The Mystician staff and I have been working all summer to come up with a paper that not only looks interesting to read, but draws people in with exciting stories that showcase the talent our students and faculty have.

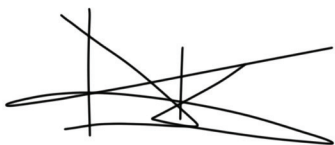
As you dig deeper, you’ll notice that we now have cover pages for each topic that highlights a specific section as you read along. I wanted to show you, the reader, what you’ll be getting yourself into as you read along. Not only did we change up the format, we also added a few new things.

The two big additions are The Mystician Comics page, but also a new segment called POP! or Person on the Pavement. With P.O.P! we find a student who will be featured in The Mystician and ask them questions along with taking their picture. The Comics page is one I’m very excited for, comics are in a lot of newspapers and for some people it’s the only thing that catches their eye.

We’ll be showcasing local comic strips by everyone, students and faculty alike. If you have any cartoons you’d like to showcase contact me at 701-226-4769 .

All of us here at The Mystician are working hard to create great content that has a little something for everyone.

We would like to make your voice heard, if you’d like to be apart of The Mystician, or have story ideas, feel free to stop in and talk to us. The Mystician office is located in The Armory next to the gym. To contact us please email us at editor@mystician.org.



Dylan Kahl, editor-in-chief

Food Review: Bruno’s Pizza

BY JUSTINE EMILY SMITH

For some good back to school pizza, get the roommates together and stop by Bruno’s Pizza located 910 E Front Ave, Bismarck. Bruno’s has it all: build a salad, pasta, cheesy bread, calzones, gluten free options and pizza as big as 24 inches. For all the meat lovers out there, the Five-Meat pizza is recommended. It has pepperoni, Canadian bacon, Italian sausage, bacon, and ground beef. If the pizza isn’t enough to satisfy, the 2-4-1 all day everyday draft beers will. Bruno’s is a family friendly restaurant with good customer service, TV

entertainment, and outdoor seating with weather permitting. 10 out of 10 slices on the pizza-lovers board. For more information about Bruno’s Pizza, check them out on Facebook, @brunospizzabismarck, and make sure to check out their deals online at brunospizzabismarck.com.



SIX BACK TO SCHOOL STEPS TO HELP STUDENTS

BY JUSTINE EMILY SMITH

These tips Justine concocted are good for incoming class of freshman and returning students alike.

Find more than one study space

Making a desk work environment is important, but it is also a good idea to find a public space that feels comfortable. Libraries, coffee shops or even the student union will give a chance for a little break in between subjects to regroup.

Get to know the teachers

Each teacher has office hours for a reason, take advantage of them. Use office hours to review assignments and ask questions on difficult problems. Getting to know them could help with coursework, as well as provide opportunities for work study or future internships.

Organize more than homework in a planner

Staying organized in school is one of the most important things as a college student. Tracking appointments, work and other important things will help manage time.

Make a friend in every class

Making a friend in each class can be helpful for homework and exams. Having a classmate’s phone number might save a late paper or two.

Maintain stress and sleep

As a college student, it’s not always easy getting up early in the morning for class. Getting into a routine of waking up and going to bed at the same time each day will help. Setting time aside to relax will help with better sleeping, as well as reducing stress levels.

GET YOUR SASS BACK TO CLASS

BY AMANDA JOYCE

I keep finding myself coming back for classes at Bismarck State College, maybe there’s something in the water or maybe I’m indecisive about what I want to do with my life. Either way, I’m back at BSC for my third and final year.

For those who are new to BSC, or new to our school’s newspaper at all, welcome. I hope you find my sass rather entertaining, or at the very least mildly tolerable. With this slight introduction to get the semester rolling, we now return to our regularly scheduled program: me.

I’ve learned a lot this summer about who I am as a person and who I’m important to. I’m only 20, as are most of my friends, you know all three that I have, but I’ve learned that we all have very different priorities.

One of my friends has been working two jobs all summer and is extremely busy, yet will still set aside time to see me, even if it is just grabbing a coffee 15 minutes before she has to work.

Another friend I haven’t seen at all this summer, except for the few times I went to the gym. She’s not employed and no matter what I do, including booking out over a month in advance for us to hang out, it always gets canceled. I understand not being able to see each other often, but she makes plans with so many other people that it’s infuriating that we never see each other.

My third and final friend works at the same business as I do, and up until about a month ago lived down the street from me. The sad thing is we never see

each other anymore either. I keep trying to make plans with her, but she already made plans with 15 other people and it’ll take 3-5 business days for her to respond to ours.

It’s hard not being able to talk to or see anyone, especially when we all live within a 15 minute radius of each other. So I decided that instead of wasting my time, I’d turn elsewhere. Specifically my little sister.

We don’t live together anymore, but she is always ready to hang out and is always ready to do something no matter the amount of time we have. She’s definitely made my summer break fun, and I know that I can count on us being not only sisters, but best friends.

The point of my long rambling complaint, is that people will come and go, and there’s not much we can do about it. We just need to find at least one person who will stick by you. With that being said, once you have that person or a few, don’t let them go. In fact, you should plan weekly study dates with them so you can not only get some homework done, but see your friends as well. That being said, make sure there’s actually some studying being done, so you have longer to hang out with them afterward. I’m going to go find my study buddies to make college life more bearable, so I suggest you do the same and get your sass back to class.



# ARTS

HEY KIDS, COMICS!

PERSON ON THE  
PAVEMENT

GAMES!

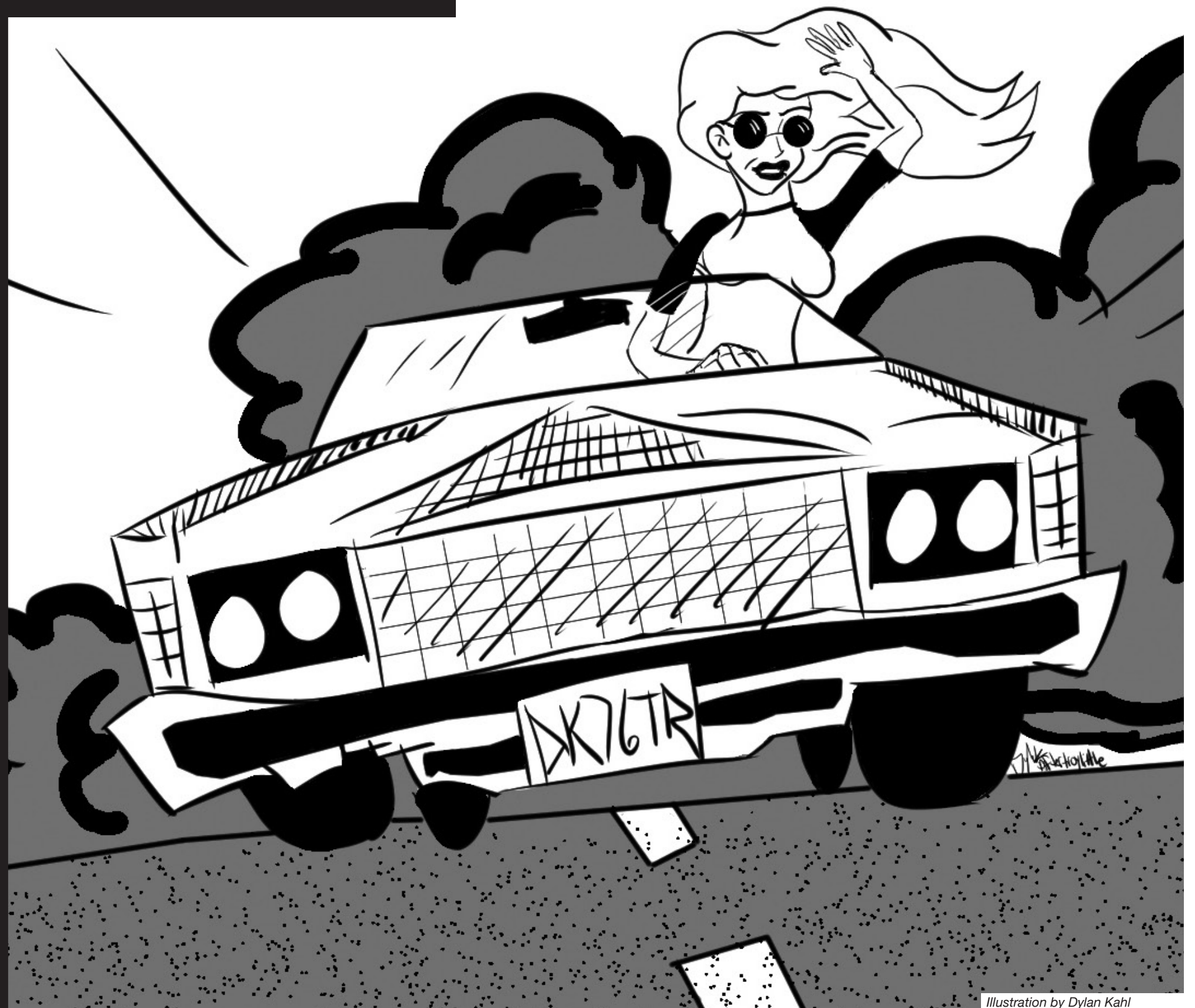


Illustration by Dylan Kahl



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WORD SEARCH

M D S T O A H C A E T A G U S  
P X C R S T R O P S B K E M U  
F W S S T U D E N T Y J R E O  
L E Z S W N D I S O C O B K D  
S G Z S U E T C Q Q D L C O T  
I E B A L U F B A I T L C O E  
N L R L S G N I N R A E L B A  
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F O T I O Y K C S L W V H T H  
W C S Y O H G R U H R V C O E  
B Y E V B E O D N G O I O N R  
G G M H I O E O L M G T L D V  
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BOOKS COLLEGE CLASS COM-  
PUTER  
TEACHER STUDENT NOTEBOOKSPORTS  
LEARNING TEACH CLASSROOM  
SCHEDULE SEMESTER DORMS

P.O.P!

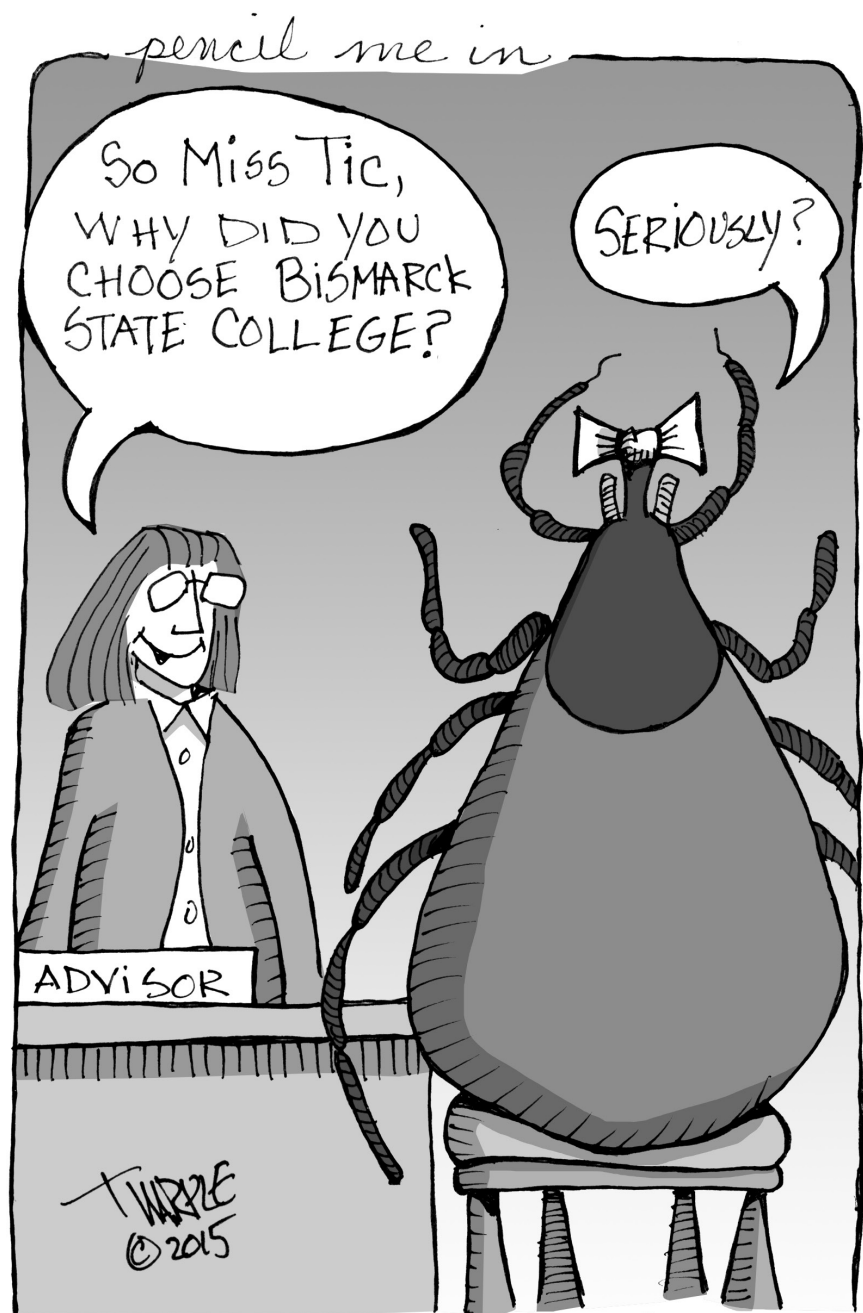
PERSON ON THE PAVEMENT



Bethany Reiten

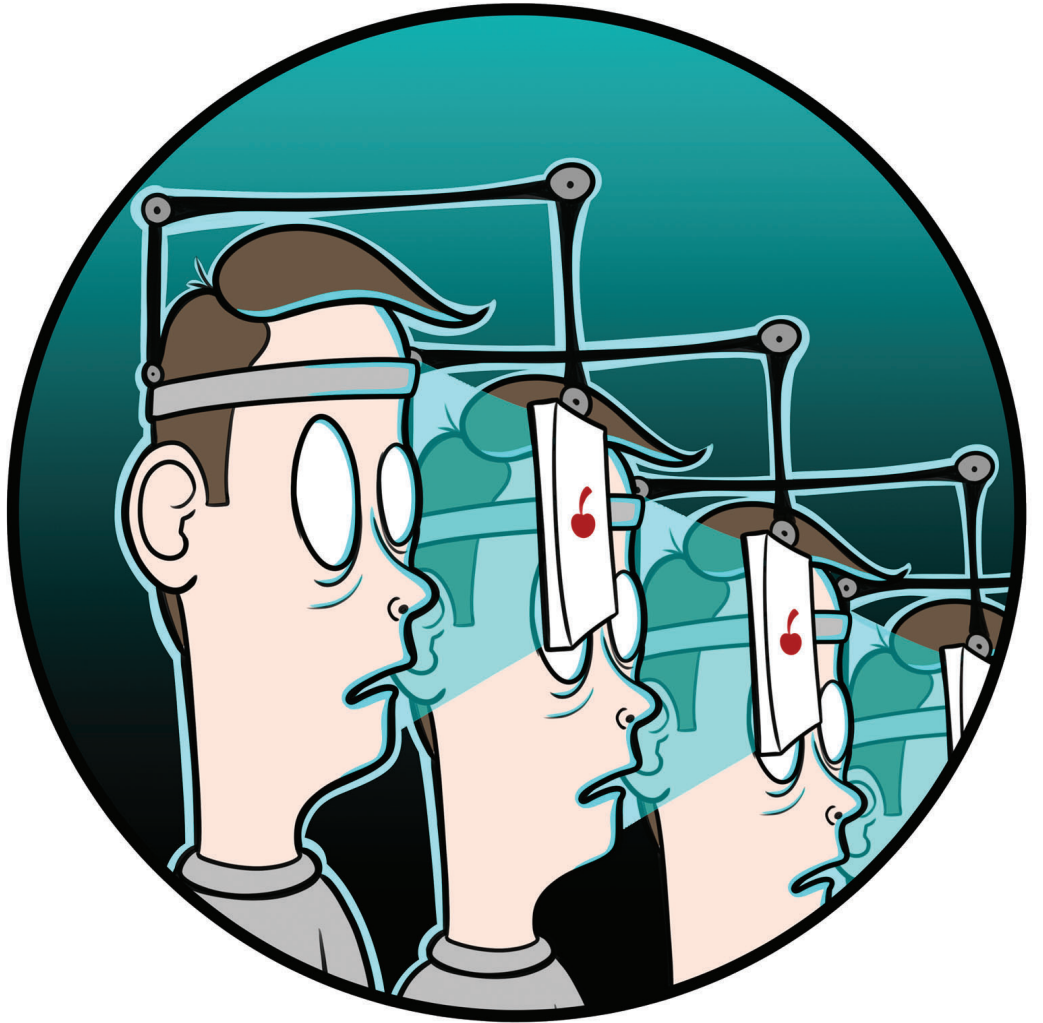
**Age:** 18  
**What are you studying:** Graphic Design  
**First impression of BSC:** Nice dorms, nice people, nice campus.  
**Favorite kinds of movies:** Science Fiction, Action.  
**Hobbies:** Graphic Design, Photography, Volunteering.  
**5 Things you'd bring if stranded on an island:**  
1. Dog  
2. Boat Building Supplies.  
3. Matches.  
4. Water  
5. Toilet Paper.





**GO MYSTICS!**

**“Glued”**  
By Sampson Hurley



“So I went to that  
concert last night.”

“I Thought you said  
it was all sold out.”

“Actually Jen from accounting was there,  
and put it all on her story so I didn’t  
miss a thing.”



**WANT TO HAVE YOUR CARTOON OR  
ILLUSTRATIONS PUBLISHED THROUGH  
THE MYSTICIAN?  
STOP BY ROOM 125 IN THE ARMORY.**



